

THIS IS WHAT WE  
**Can do!**  
(THIS WEEK, AT LEAST)

FROM \_\_\_\_\_ TO \_\_\_\_\_

**Daily:**

- Make bed
- One load of laundry
- Wash dishes
- Wipe counters/stove/tables
- Take out trash/recycling
- Clean bedroom/bathroom floor

MONDAY

[Empty box for Monday tasks]

TUESDAY

- Vacuum LR/DR rugs
- Wash windows
- Dust shelves
- Dust mantel
- Wipe fireplace

WEDNESDAY

- Vacuum/mop kitchen
- Wipe down fridge/dishwasher
- Buy groceries
- Wipe microwave
- Clean sink/disposal

THURSDAY

- Vacuum/mop foyer,  
dining room and hall

FRIDAY

- Bedrooms-
- Wash sheets
- Wipe/dust surfaces
- Put away clutter
- Vacuum BRs & office

SATURDAY

- Bathrooms-
- toilet                      sink
- shower                     mirror
- floors                        towels

SUNDAY

- Pick up poop
- Mow lawn
- Pull weeds
- Trim bushes
- Tidy garage/Clean out cars

MONTHLY

- Dust blinds
- Wipe baseboards
- Vacuum basement and stairs
- Clean under couches
- Wash mats